



# ***SIMPLY RADIANT***

**A holistic beauty workshop with**

**Bharti Vyas**

**one of the world's leading  
Ayurvedic Beauty Therapists**

**Sunday, 9th May, 10:00 – 17:30  
John Knox Centre, Geneva**

**Sfr. 165 per person or  
Sfr. 300 for 2 people**

**Do you want to improve  
your health and well being;  
look and feel years younger?  
Then you shouldn't miss the workshop  
that could change your life forever!**

Beauty begins on the inside so throw away your expensive creams and any thoughts about having the Botox injections! Through **Ayurvedic** principles, acupressure points, specific massage techniques, lymphatic drainage, aromatherapy and the **pH Diet**, you will recharge your energy, regain your figure, restore your health and be radiant forever.



Bharti Vyas has 25 years as a practising holistic therapist and has helped thousands of women take control of their health and well-being naturally. Her innovative therapies are simple, affordable, practical and effective. She is Vice President of the Federation for Holistic Therapists, lectures throughout the world on well-being, is author of six books including *Simply Radiant* and *The pH Diet*; is featured regularly on UK radio and TV, and has a Holistic Therapy Centre in London's West End.

**"What I like about Bharti's approach to beauty is that it is  
spiritual as well as practical" – Cher**

**for more information and registration :  
021.825.4562: [liz@peakofhealth.ch](mailto:liz@peakofhealth.ch)  
[www.peakofhealth.ch](http://www.peakofhealth.ch)**