

Feng Shui Workshop

Saturday, 28th September 2002

09:30 - 17:30

Le Courtil, 14 rue du Port, Rolle

Price: Sfr. 150.-

Facilitator: Margarite Fischer

This unique one day seminar will help you to change your environment, your home and even your life so that you feel at peace with yourself and the world around you.

Feng Shui is a traditional Chinese philosophy which goes back to the time of Confucius. It encompasses a form of spiritual design, which contributes to the improvement and prosperity of our environment according to the vitality of our habitat.

Its aim is to facilitate and balance the circulation of regenerating energies while minimalising unfavourable aspects. It establishes the relationship between the universe, mankind and " Gaia " mother earth.

Implicit in the application of the art of Feng Shui is the quest for satisfaction and well being in our every day life. Also called acupuncture of the home, all one has to do is to place the correct objects in the right place. However this should always be done with intention

Through simple explanations and practical exercises, this fascinating one day workshop is the perfect introduction to such an ancient Chinese art.

International banks, huge corporations and famous people have all turned to Feng Shui and reaped its benefits. So, if you wish to increase your wealth, enjoy better health and have a happier life, don't hesitate - enrol now and experience how this decision will lead you to make some simple changes with amazing results!

About the Facilitator:

Margarite Fischer has spent many years working with Feng Shui. She initially became interested in the subject after attending an inspiring seminar by her first teacher William Spear.

The astounding results convinced her of the authenticity and effectiveness of such remedies, making her much more aware of the energies that surround us. Deciding to study full time and pass her knowledge on by teaching, Margarite then took a 2 year professional training course.

She has studied with world masters such as William Spear (U.S.A.), Roger Green (Australia), Grand Master Yap Cheng Hai (Kuala Lumpur) and currently Raymond Lo (Hong Kong). She lives and practises in Switzerland and her work now involves private consultations and giving seminars

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Workshop Program

09:00 - 09:30 Registration

**9:30 Introduction to the energy of the 5 elements.
How to enhance your health by following the elements through the seasons.
Introduction to Chinese astrology.**

10:30 - 11:00 Refreshments

**11:00 - 12:30 The Bagua and its 8 directions.
How to optimise the flow of energy and create harmony by using the right remedies and cures.**

12:30 - 13:30 Lunch (optional and at participant's cost)

13:30 - 15:00 Calculate your personal "Gua" which enables you to find your best directions, to work and sleep, balancing yin and yang.

15:00 - 15:30 Refreshments

15:30 - 17:30 Practical advice on how to improve and enhance each room in your house by balancing and increasing the positive flow of "chi". Tips on space clearing.

For this workshop you will need to bring with you some coloured pencils and a simple plan of your home indicating where certain objects, for example beds, mirrors etc. are located.